

Henriette Kellum, LCSW

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SUMMARY OF QUALIFICATIONS

Experienced mental health clinician with over 30 years providing direct clinical work, supervision, management, program development, consulting, advocacy and training. Over 34 years experience in the aging field. Nationally recognized expert in extreme hoarding behavior.

PROFESSIONAL EXPERIENCE

MENTAL HEALTH CLINICIAN, CONSULTANT IN PRIVATE PRACTICE, 2008 –PRESENT

- Provide comprehensive mental health assessments for guardianship hearings, assessments to determine appropriate mental health treatment plans and assessments to assist caregivers and service providers in determining appropriate psychosocial interventions
- Provide ongoing counseling/psychotherapy to adults, older adults and caregivers
- Provide case coordination
- Provide consultation to individuals, family, caregivers, public and private agencies on mental health, aging or hoarding issues.
- Clients served are adults, older adults and caregivers who are dealing with depression, anxiety, life transitions, issues of grief and loss and care giving

SUPERVISOR:

SENIOR ADULT MENTAL HEALTH, ADULT PROTECTIVE SERVICES AND OVER SIXTY INTAKE PROGRAMS *DEPARTMENT OF HUMAN SERVICES, ARLINGTON COUNTY, VA, 2001 – 2007*

- Provided administrative oversight of these three distinct programs,
- Assured compliance with State regulations,
- Managed personal service contracts of psychiatrists and other staff,
- Provided clinical supervision to staff, and
- Provided a range of programmatic and personnel functions.

SUPERVISOR AND CLINICIAN:

SENIOR ADULT MENTAL HEALTH PROGRAM,
DEPARTMENT OF HUMAN SERVICES, ARLINGTON COUNTY, VA, 1978 – 2001

- Managed all aspects of the program as described above,
- Provided direct clinical work to clients (psychotherapy, in-home assessments, case management),
- Conducted client capacity assessments for guardianship

SUPERVISOR:

HOME CARE PARTNERS, WASHINGTON, D.C., 1978

- Supervised in-home care givers for agency serving the elderly and disabled.

ELDERLY OUTREACH WORKER:

VISTA (VOLUNTEERS IN SERVICE TO AMERICA), NEW HAVEN, CT, 1973 -1974

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CLINICAL WORK:

- Provided thorough and clinically sound mental health assessments for mental health treatment and for **capacity assessments for guardianship hearings**.
- Provided psychotherapy to persons experiencing a variety of psychological, emotional and social difficulties.
- Provided case management services to assist clients in getting needed services
- Led psycho educational support groups for caregivers of impaired adults
- Provided clinical supervision to staff and students

ADVOCACY AND PROGRAM DEVELOPMENT:

- Advocated for client needs with local, regional and state entities resulting in the continued development of new programs locally and regionally,
- Programs developed under my primary leadership:
 - homebound mental health program,
 - mental health program for clients with MIMRDD (mental illness, mental retardation and developmental disabilities),
 - RAFT, a Northern Virginia regional program for alternatives to psychiatric hospitalization for high risk older adults,
 - A hoarding task force which brings together staff across county departments to work collaboratively with clients who hoard.

TRAINING, PRESENTATIONS AND CONSULTATION:

- Provided training and presentations to national, state and local audiences on topics such as extreme hoarding behavior, managing challenging behaviors in clients, depression in the elderly, mental illness in the elderly and caregiver stress,
- Received coverage in newspaper articles and on television.
- Provided consultation to colleagues, staff and other agencies on these training topics

AREAS OF SPECIALIZATION:

- **Mental Health** – Worked for 28 years in a public mental health setting serving primarily older adults and their families but also serving some younger adult clients. Provided a range of mental health services.
- **Aging** – 34 years varied experience working with older adults and their families. Obtained a certificate in gerontology from Syracuse University in 1977.
- **Hoarding** –Developed a nationally recognized expertise in hoarding behavior as a result of working with persons who hoard throughout my career. Served as expert witness, provided trainings and workshops, developed a hoarding task force and served as consultant and advisor.

HONORS AND AWARDS:

- **Dr. Georgopolous Award**, annual award given by the Arlington County Community Services Board recognizing one staff person for “going above and beyond the call of duty by providing exemplary service directly or indirectly to a CSB client, program or service” (2006)
- **Best Practices Award for the Senior Adult Mental Health Program** given by the State of Virginia Commonwealth Council on Aging (2006)
- **Special Project Award** from Arlington County Department of Human Services for leadership in the development of a County wide Hoarding Task Force (1999)
- **Overall Excellence Award** in recognition for outstanding job performance in the provision of high quality service to Arlington County (1996)
- **“Top Performer”** ratings consistently received on annual performance appraisals

LICENSING:

- Licensed Clinical Social Worker (LCSW), Virginia since 1982

PROFESSIONAL MEMBERSHIPS:

- National Association of Social Workers – NASW
- Virginia Guardianship Association – VGA

EDUCATION:

- MSW, Syracuse University School of Social Work, Syracuse, New York, 1977
- Certificate in Gerontology, Syracuse University, Syracuse, New York, 1977
- B.A., Major, Social Welfare, Southern Connecticut State University New Haven, Connecticut, 1973